

Echoes of Eco

March, 2024

Vivekananda Kendra- nardep Newsletter

Vol:16 No:01

Constant Awareness



No Zen student would presume to teach others until he had lived with his Master for a minimum of ten years. Tenno, having completed his ten years of apprenticeship, acquired the rank of Teacher. One day he went to visit the Master. It was a rainy day, so Tenno wore wooden clogs and carried an umbrella. When he walked in, the Master greeted him with, "You left your wooden clogs and umbrella on the porch didn't you? Tell me, did you place your umbrella on the right side of the clogs or on the left?" Tenno was embarrassed, for he did not know the answer. He realized he lacked awareness. Therefore, he became a student and laboured for ten more years to acquire constant awareness.



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Message of Upanishads



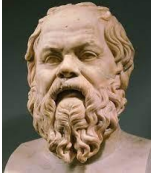
Upanishads have one subject, one task before them — to prove the following theme: "Just as by the knowledge of one lump of clay we have the knowledge of all the clay in the universe, so what is that, knowing which we know everything in the universe?"

Sri Sri Vivekananda



"The only true wisdom is in knowing you know nothing"

- Socrates



Happenings this month:
Sustainable Agriculture



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Sustainable Agriculture

Harit Aajeevika

Shri.Prabhakaran and Shri.Sameer from LTTS visited the Harit Aajeevika project area at Rameswaram on 23rd March 2024. They interacted with the stakeholders at Green Rameswaram project office before visiting the houses of a few stakeholders.



LTTS Officials at stakeholder's house. Inspecting Panchagavya stored in a bottle



Harit Aajeevika programme - one component is goatry



Azolla a Wonder fern - multipurpose use as a fertiliser as well as cattle feed etc.



Goats relishing Azolla - Nutritional food



"An honest man is always a child"
- Socrates



**Happenings this month:
Holistic Health**



**Happenings this month:
Holistic Health**

Green Health

Green health home worked for 21 days. 128 patients treated. In addition, 55 people underwent Varma massage

Varma Committee meeting

Vivekananda Kendra Varma Research and Resource Center organized a committee meeting on 27th March at Tirunelveli under the chairmanship of Dr.Rajasekar.



Discussion is on ...



Members from left - Dr.Ramaswami, Dr.Chelladurai, Vai.Arasu Raja, Dr.Rajasekar, Dr.Muthushanti, Shri.Ramakrishnan, Dr.Geetha Sudheer and Shri.Vijayaragavan

Harit Aarogya

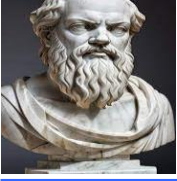
Shri.Prabhakaran and Shri.Sameer from LTTTS visited the Harit Aarogya project at Kanyakumari on 22nd March 2024. They visited the project area and interacted with the stakeholders at site.



LTTTS officials interacting with the stakeholder



Cluster meeting with LTTTS Officials in the natural surrounding



"Employ your time in improving yourself by other men's writings, so that you shall gain easily what others have labored hard for"

- Socrates



Happenings this month:
Water management



Happenings this month:
Water management



Revival and Renovation of Koneri Teertham

CUB

Koneri Teertham work is in full swing. In this month, we carried out the fencing work with stone pillars and mesh. In addition, we also closed the area by constructing a wall and providing proper steps for the entry. The project is sponsored by City Union Bank, Kumbakonam



Compound wall work is on



JCB and Tractors for quick transport of material



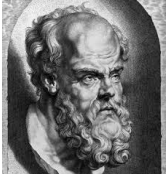
Construction of steps for entry to the Koneri Teertham



Proper foundation for the compound wall



Wire fencing with the help of stones and mesh to avoid encroachment



"He is a man of courage who does not run away, but remains at his post and fights against the enemy"

- Socrates



Happenings this month:
Water management



Happenings this month:
Water management

Revival and Renovation of Surya Pushkarani

Revival and Renovation of Surya Pushkarani is on with full swing. The walls around the Teertham developed cracks at a few places due to pressure from the road side and poor construction earlier. In this month, we strengthened the walls by way of constructing piers at regular intervals. The project is sponsored by Lakshmi group of companies, Coimbatore



Strong foundation and base for the pier



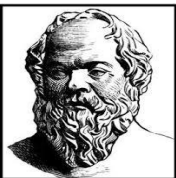
Pier construction is on ...



Completed pier supporting the wall



Piers at regular interval to avoid future damage

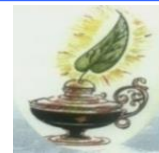


"Worthless people live only to eat and drink; people of worth eat and drink only to live"

- Socrates



Happenings this month:
Renewable Energy
sources



Happenings this month:
Networking

Training programme on "Bio-methanation technology"

Training programme on "Bio-methanation technology" was held at Tenkasi on 15th March. 60 Mid-day meal coordinators and DRDA staff attended this programme. Shri.V.Ramakrishnan was the resource person. The programme was sponsored by DRDA, Tenkasi.



Attentive audience listening to the power point presentation on Bio-methanation technology



Shri.V.Ramakrishnan, Director, Vivekananda Kendra - Nardep interacting with the trainees with the help of Biogas model

Study Tour

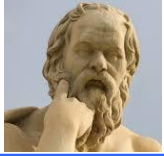
26 students from Dept. of Zoology, S.T.Hindu College Nagercoil, Kanyakumari dist. visited J.C.Bose Nursery and Gramodaya Park on 7th March. They learned Sustainable agricultural technologies.



Sis.Premalatha explaining Vermi compost technology



Students going through the various green agricultural technologies at J.C.Bose Nursery

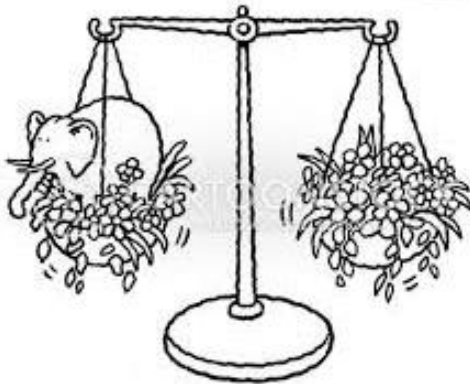


“The unexamined life is not worth living”

- Socrates



Visions of Wisdom



Ecological Values

The heritage of life is immense and we need not apologize to learn from it, especially to learn from those structures and underlying grids of life, which assure its diversity and richness over billions of years. In promoting and articulating ecological values, we are not inventing new fictitious philosophical entities but only unearthing the principle and structures, which have proved life enhancing in complex ecological habitats. Ecological values pave the way to lasting and just peace. In this sense, ecological values can become the spine of a new world order. If so, they are of importance second to none.



Henryk Solimowski
Polish Philosopher settled in America



Global Bazaar or Global Parivar

What type of society do we want to create? Do we want high affluence with a tormented soul, social tensions, psychological dysfunctions, rising inequalities, violence and hatred all around or a reasonable standard of living with peace and harmony; in a non-violent and non-exploitative socio economic order, free from the ills of consumerism. Do we prefer a world functioning under the rules of the market forces and devoid of any emotional bonds or do we need a world full of fraternity and working, sharing and caring like a family?



Dr. Murli Manohar Joshi
Politician and former professor of physics in University of Allahabad



Real Religion

We have to provide the younger generation with new slogans and definitions commensurate with this emerging vision of Reality. From 'to have', the emphasis should shift to 'to be'. Religion is not to be limited to books, rituals or dogmas but to the totality of human life to the 'whole reaction of the whole man to the whole of Universe'. Freedom is the key word of this new religion, with its stress on a holistic approach to life. This religion necessarily has to be one of self-sacrifice, self-denial and self-realisation.



Dr. M. Lakshmi Kumari
Director
Vivekananda Kendra – Vedic Vision Foundation